

NILIF– Nothing in Life is Free

Your dog will gain respect for you through these simple Leadership exercises

The idea: You increase your leadership by controlling all resources and movements. Your puppy, soon to be dog, will obey commands without physical force. This provides clarity and your puppy will be more responsive to your cues.

This works for all canine personalities: shy, easily distracted, high energy and pushy dogs.

Shy dogs will gain confidence. Distracted dogs develop focus and patience. Pushy dogs learn manners.

- You decide breakfast and dinner times rather than responding to begging.
- You are owner over the food/treats. Ask your puppy to Sit and Stay while you set the food bowl down. He does not receive food unless calm and obedient. Make him Sit for a treat every time.
- Ignore if your puppy barks to play. You decide when to throw the ball and when the games end.
- You claim areas. Don't let your puppy claim areas on the couch or bed. Make them move and take that spot.

This is not mean; it provides structure and the language your puppy understands. You are the leader, not him. There has to be a leader in every pack for balance.

- Ignore if your puppy barks for attention "look at me, I want attention now!"
- Ignore if he paws or nudges your hand.

NOTE: Be prepared for barking, nudging, pawing to increase as your puppy tries to work harder to get your attention. All he knows is this behavior worked before to get what he wants. Don't give in or you will be teaching your puppy to become a demanding dog. Be consistent and patient and watch your bond grow!