

JUMPING

If your puppy is sitting, he isn't jumping 😊

Allowing your puppy to jump while they are small will encourage that behavior as they grow. They will think it's acceptable behavior.

Say "Please" by Sitting

Praise your dog anytime she comes up to you and sits, anytime you approach her and she sits, or just anytime you notice her sitting.

Sitting is a very desirable behavior and the dog should be lavishly rewarded for doing it. As the dog learns to sit around humans, you will notice a decrease in jumping.

- Sit for petting, going outside and coming back in, meeting people, before getting food bowl, before a treat and even before you throw a ball to play fetch.

This will teach impulse control and shows good manners! It'll become a habit if you enforce this command. **Remember Good Habits are as hard to break as Bad ones!**

Generally speaking, a dog who does a lot of jumping up when greeting people finds physical contact (i.e., petting) and attention extremely rewarding, and nothing gets more attention than jumping up into someone's face. The goal is to teach this type of dog that sitting when greeting humans is the only way to get the petting and attention she wants.

TIPS

IGNORE Don't reward a puppy for jumping by touching and pushing puppy off. This is rewarding because not only does he get your attention, but also it can be mistaken for playing.

If your puppy jumps, ignore. **When all four are on the floor**, or better yet, he offers a **Sit** - REWARD!

BACK UP GAME Back up quickly with the leash tethered to your waist, Stop, Sit, and Reward. Repeat! Make it fun!!

Continued on next page

HOW TO CORRECT JUMPING:

1. As you enter the room, the dog begins jumping all over you.
2. Give the dog the No Reward Marker and immediately turn your back and completely ignore the dog. Do not make eye contact. You can even walk away from the dog or go into a separate room. The dog may do a number of things to get your attention and achieve the physical contact she so desires. These things may include jumping, barking, circling. Completely ignore all these behaviors. You want to teach the dog that she will only get your attention when in the sit position. Do not give in.
3. When the dog stops jumping, immediately say the dog's name and ask the dog to Sit. Ideally, the dog should Sit and Focus on you. When she does, give the "click" or "good" and follow with praise and/or a treat.
4. Continue petting the dog while she is in the sitting position for about 5 seconds. If she jumps out of the Sit or does no Sit at all, immediately give her the "No" reward marker and turn your back and begin ignoring her (the reward is attention). Once she stops jumping, say her name again and ask her to Sit. Now she gets her reward! Repeat this technique as needed.

If your dog will not stop jumping and fails to Sit – leave for 10 minutes, then try again. If needed, put a leash/tying up to prevent physical contact.

Continue this until the dog refuses to jump even when you talk excitedly or pat your chest. Once the dog Sits for your verbal cue "Sit", praise her lavishly and then leave (out of sight). Repeat this whole process several times to reinforce your training. During each new entrance, it will take less time for the dog to stop jumping and to offer the sit behavior for your verbal cue.